

## Welcome to Ostrava

---

Dear Colleagues,

while positive airway pressure therapy is the first line of treatment for moderate to severe sleep apnea, patient compliance represents a clear problem. Studies have shown that even in compliant patients, the actual usage of PAP is only approximately 50 percent of the time.

For the noncompliant, surgery for sleep apnea may be a feasible alternative. While there are many surgical options, surgery should be tailored to the area of obstruction in each particular patient.

The sites of obstruction could be anywhere in the upper respiratory tract including the nose, tongue, and throat.

The aim of the course is to present different surgical approaches, to discuss tips and tricks during live surgery as well as presentations on interesting topics that will be presented by experts.

We are looking forward to welcome you in Ostrava and to experience a scientifically and personally enriching meeting.



Prof. P. Komínek, MD, PhD, MBA

### Chairman

---

#### **Prof. Pavel Komínek, MD, PhD, MBA**

Chair, Department of Otorhinolaryngology and Head and Neck Surgery, Ostrava, Czech Republic

### Organisation

---

#### **Martin Formánek, MD, Ph.D.**

Department of Otorhinolaryngology and Head and Neck Surgery, Ostrava, Czech Republic

## Programme

---

### April 6<sup>th</sup> to 7<sup>th</sup>, 2020

#### **Monday 6<sup>th</sup>, 2020 8.00 - 17.00**

##### *Live surgery in HD*

- septoplasty, uvulopalatopharyngoplasty, uvuloplasty, soft palate surgery, tonsillectomy/tonsillotomy
- DISE (drug induces sleep endoscopy)

##### *Lectures*

- epidemiology, indications for surgery, pediatric sleep apnea surgery
- soft palate surgery, tongue base surgery

#### **Monday 6<sup>th</sup>, 2020 19.30 - 23.00**

##### *Gala Dinner*

#### **Tuesday 7<sup>th</sup>, 2020 8.00 – 16.00**

##### *Live surgery in HD*

- epiglottopexis, mandibular protraction
- tips and tricks for UPPP, DISE

##### *Lectures*

- management of sleep apnea surgery
- complications of sleep apnea surgery
- future perspectives
- pitfalls and errors in surgery

## Conference Secretariat

---

Mrs. Michaela Zaccpalová

Tel./Fax: (+420) 59737 5805, 739 60

E-mail: [michaela.zacpalova@fno.cz](mailto:michaela.zacpalova@fno.cz);

[martin.formanek@fno.cz](mailto:martin.formanek@fno.cz),

Department of Otorhinolaryngology and Head and Neck Surgery, University Hospital, 17. listopadu 1790, 708 52 Ostrava, CZE

## Guests

---

#### **Jürgen Abrams, MD et MD**

Head of ENT Department  
Hamm, Germany

#### **Jaroslav Betka, MD, Ph.D.**

Department of Otorhinolaryngology and Head and Neck Surgery, Praha-Motol Hospital, Czech Republic

#### **Winfried Hohenhorst MD**

Chair of Department of Otorhinolaryngology and Head and Neck Surgery, Krupp Hospital, Essen, Germany

#### **Prof. Viktor Chrobok, MD, PhD**

Chair of Department of Otorhinolaryngology and Head and Neck Surgery, Hradec Králové, Czech Republic

#### **Prof. Jan Klozar, MD, Ph.D.**

Department of Otorhinolaryngology and Head and Neck Surgery, Praha-Motol Hospital, Czech Republic

#### **Jaroslav Kraus, MD, Ph.D., MBA**

Department of Otorhinolaryngology and Head and Neck Surgery, Hospital Benešov, Czech Republic

#### **Tomáš Pniak, MD, Ph.D.**

Department of Otorhinolaryngology and Head and Neck Surgery, Hospital Banská Bystrica, Slovakia

## Faculty

---

L. Čábalová, MD, Ostrava, CZE

K. Fedorová, MD, Ostrava, CZE

M. Formánek, MD, PhD, Ostrava, CZE

O. Jor, MD, Ph.D., Ostrava, CZE

J. Kubičková, MD, Ostrava, CZE

M. Masárová, MD, Ostrava, CZE

P. Matoušek, MD, PhD, MBA, Ostrava, CZE

J. Schneiderová, MD, Ostrava, CZE

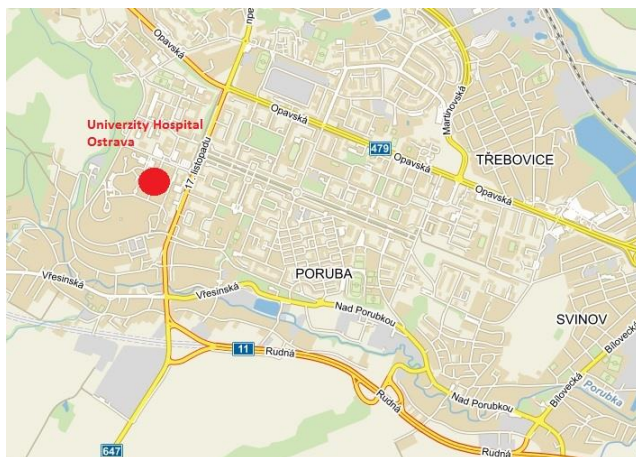
J. Štembírek, MD, Ph.D. Ostrava, CZE

K. Zeleník, MD, Doz., PhD, Ostrava, CZE

## With friendly support of

Abionic, Cochlear, Hospimed, Medtronic, Medial, Medin, Mewadia, Olympus, QPharma, Radix, Resmed, Saegeling, SD Pharma, Surgipa, Zeiss

## University Hospital Ostrava



### Venue

University Hospital Ostrava  
Dům sester (directory), lecturing hall  
17. listopadu 1790 str.  
Ostrava, Czech republic

### Accommodation

Hotel VŠB garní\*\*\*  
Studentská 1770  
700 32 Ostrava-Poruba  
tel.: +420 596 996 155  
fax: +420 596 996 499  
mail: hotel@vsb.cz

Clarion Congress Hotel  
Ostrava\*\*\*\*, Zkrácená 3703  
700 30 Ostrava – Zábřeh  
tel.: +420 596 702 807 050  
mail: reservation.ccho@clarion-hotels.cz

Fakultní nemocnice Ostrava  
Domov sester, ubytovna  
17. listopadu 1790  
tel.: 597374000  
irena.petruskova@fno.cz

## General Information

**Official Language** English

**Registration** Please register via conference secretariat email (michaela.ryskova@fno.cz; petr.matousek@fno.cz).  
Due to the limited number of participants, please transfer the course fee within one week from your registration. You will receive registration confirmation after your payment is credited to our account.

### Course Fees

**Early bird rate until February 28<sup>th</sup>, 2020**  
230 Euro / 6100 CZK (incl. 21% VAT)

**Standard rate from March 1<sup>st</sup>, 2020**  
320 Euro / 8300 CZK (incl. 21% VAT)

*Course Fee includes:*  
Admission to scientific programme  
Coffee-breaks, Lunch – break  
Gala Dinner (Monday)  
Workshop materials

### Bank account

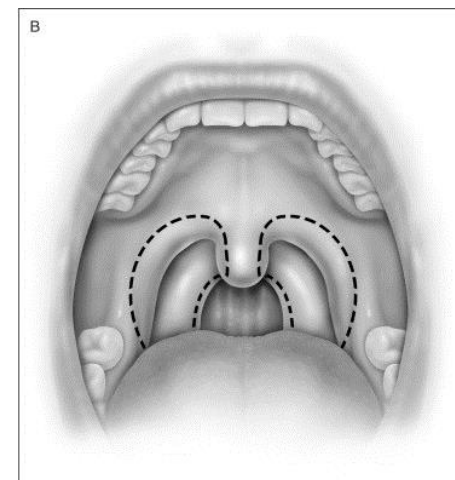
**Recipient:** University Hospital Ostrava, CZE  
**Bank Institution:** Česká národní banka  
**Account:** 66332761/0710  
**Variable code:** 2499022  
**IBAN:** CZ59 0710 0000 0000 6633 2761  
**BIC (Swift Code):** CNBACZPP

Please enter the following information into the reference field on the transfer note (otherwise the payment cannot be identified):  
**“*ORL, 2499022, surname of participant*”**

Department of Otorhinolaryngology and Head and Neck surgery  
University Hospital Ostrava  
Faculty of Medicine, University Ostrava  
Czech Society of Otorhinolaryngology, Head and Neck surgery

# WORKSHOP

## SLEEP AND SLEEP APNEA SURGERY



**April 6<sup>th</sup>-April 7<sup>th</sup>, 2020**

Department of Otorhinolaryngology & Head and Neck Surgery  
Czech Republic  
Chief: Prof. P. Komínek, MD, PhD, MBA

